


MENTAL HEALTH AT EU LEVEL



The European Union (EU) has recognized the importance of addressing mental health and has taken several steps to improve mental health and well-being across the continent. Some of the key initiatives that the EU has undertaken in the field of mental health include:

- The EU Health Strategy: This strategy sets out a range of actions to promote mental health and well-being, prevent mental ill-health, and improve the care and support for people with mental health problems.
- The European Pillar of Social Rights: This initiative aims to promote better living and working conditions in the EU, with a particular focus on improving access to healthcare, including mental health services.
- The EU Action Plan on Mental Health and Well-being: This plan sets out a range of actions to improve mental health and well-being across the EU, including measures to promote mental health, prevent mental ill-health, and improve access to care and support for people with mental health problems.

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Call for evidence: A comprehensive approach to mental health.

The European Commission would like to hear your views!

Mental health is a major societal challenge facing the EU. It deeply affects the health and well-being of individuals and has profound implications for the economy and social cohesion. This initiative sets out:

- how action at EU level can help promote good mental health and prevent, mitigate and respond to mental health challenges
- how mental health considerations should be factored into a wide variety of resilient EU and national policies for the benefit of people across the EU.

Input gathered will be used to further develop and fine-tune this initiative. Deadline for contributions is the 15th of February 2023. You can find more information [here](#).

