

#### SOCIAL AND HEALTH CARE SERVICES NETWORK

# Integrated care pathways: best practice, challenges and the way forward

Date: 27-28 November 2019

Venue: Caritaslaiset, Kapellimestarinkatu 2, Oulu, Finland

Eurodiaconia is pleased to invite you to the 2019 meeting of the Social and Health Care Services Network which will take place on 27<sup>th</sup> and 28<sup>th</sup> November. It will be hosted by the Caritaslaiset Foundation and Oulu Deaconess Institute.

The purpose of the network is to provide a forum for Eurodiaconia members to share experiences and good practice in long-term care and to learn from the approaches of others. It also aims to identify challenges faced by members and discuss potential solutions. This includes discussing what political solutions could be found at national and EU level, feeding into Eurodiaconia's advocacy work.

The meeting aims to discuss issues of common interest on long-term care and ageing and good practice, with a focus on integrated care; inform members about recent initiatives at EU level related to healthy ageing and elderly care; and discuss potential Eurodiaconia actions to take. A draft agenda can be found on the following pages.

### **PROGRAMME**

Wednesday 27 <sup>th</sup> November  Location: Caritaslaiset, Kapellimestarinkatu 2, Oulu, Finland (approximately 1km from hotel)			
10:00	Opening prayer by Marja-Leena Tahkola and Pastor Outi Uusimäki & introduction		
10:30-11:30	<ul> <li>Long-term care in three perspectives</li> <li>In the EU – Laura Rayner, Eurodiaconia</li> <li>In Finland and other Nordic countries – Petteri Viramo, Caritaslaiset</li> </ul>		
11:30-13:00	Group discussion and exchange of practice on long-term care and integrated care pathways  Current challenges and opportunities in long-term care How successfully, or not, are care services being integrated across the EU? What recommendations would we make to policy makers?		
13:00-14:00	Lunch (provided by our hosts)		
14:00–15:00	Integrated care pathways		

	<ul> <li>Transforming digital health into smart care: Vivago MOVE - Head of Clinical Sales Essi Saravuo</li> <li>Integrated care pathways and quality of care: Residents Assessment Instrument (inter-RAI) in LTC of geriatric and disabled people – Professor Magnus Björkgren</li> </ul>
15:00–15:30	Possibility to explore RAI-application
15:30-17:30	Visits to local care facilities     Oulu Health Labs and Oulu Future Hospital     ODL Vesper  Transport to the facilities is provided but we anticipate walking from ODL Vesper to the restaurant for dinner which is around 2km.
18:00	Dinner at Sokeri-Jussi, provided by our hosts (Pikisaarentie 2, Oulu)

Thursday 28 <sup>th</sup> November  Location: Caritaslaiset, Kapellimestarinkatu 2, Oulu, Finland (approximately 1km from hotel)		
09:00-10:30	Health economics of long-term care in EU and Nordic countries     Mrs. Sanna Huikari, D.Sc. (Economics), Postdoctoral researcher in Health Economics, Oulu Business School, University of Oulu	
10:30-11:00	Coffee break	
11:00-12:00	Closing thoughts and recommendations	
12:00	Close of meeting (lunch will be provided by our hosts for those who do not need to leave immediately for their return flights)	

#### Accommodation

- A reservation has been made for participants at Scandic Station Hotel in Oulu. Your room
  is reserved under your name as some participants are staying for two nights and others for
  three nights. Breakfast and wifi are included.
- Guests will need to settle their bills themselves at the hotel and then claim reimbursement from the Eurodiaconia secretariat (see details on reinbursement below). The cost of a room per night is €137.

Kajaaninkatu 17, FI-90100, Oulu, Finland Email: <a href="mailto:oulustation@scandichotels.com">oulustation@scandichotels.com</a> Website: scandichotels.fi/oulustation

Telephone: +358 823748949

#### Travel

- For information about public transport in Oulu <a href="https://www.ouka.fi/oulu/public-transport/home">https://www.ouka.fi/oulu/public-transport/home</a>. This also provides information about buses to and from the airport to the hotel. Travel time is around 55 minutes from the airport to the hotel.
- While we are in Oulu, we anticipate walking from the hotel to the meeting venue (around 1km), and to and from the restaurant. Transport will be provided to the facilities we are visiting as part of the meeting.

#### Other information

- In November/December in Oulu, the temperature is usually below freezing and so please prepare for cold temperatures and snow. It is also dark for most of the day.
- For those arriving on Tuesday or staying until Friday morning, here are a selection of restaurants which you may wish to try:
  - Oula, Lapland Hotel, Kirkkokatu 3 good Finnish food as well as food from Lapland
  - o Frans & Camille, Isokatu 8 a French style bistro
  - In the shopping centre Valkea (Isokatu 25), there are many restaurants on the third floor (Chinese restaurant, Rosso, Sushi etc)

#### Reimbursement

- Meal costs are not eligible for reimbursement. Nevertheless, our hosts in Oulu will very kindly provide lunch and dinner on Wednesday and lunch on Thursday, as well as coffee and tea throughout our meetings.
- <u>Travel costs can only be reimbursed upon presentation of **original** receipts/invoices **AND** boarding passes/tickets.</u>
- Please forward any electronic boarding passes to <a href="mailto:laura.rayner@eurodiaconia.org">laura.rayner@eurodiaconia.org</a> when you have checked in.
- Please keep the original receipts and tickets for any other transport receipts you may have. These must be submitted if you wish to get reimbursement for the cost.
- Claims for reimbursement should be received **within the two weeks** following the event and should be sent to *Virginia Demoulin*, Eurodiaconia, Rue Joseph II 166, 1000 Brussels, Belgium. Fax: +32 2 234 38 65, E-mail: virginia.demoulin@eurodiaconia.org.
- If the complete reimbursement form is **not submitted within 14 days** after the event has taken place, it is presumed that **no claim for reimbursement** of expenses will be requested by the participant.
- Please send all claim forms and tickets etc. for the entire trip together, attached to paper where loose, and not in separate mailings.

If you have any questions, please get in touch with Laura at <a href="mailto:laura.rayner@eurodiaconia.org">laura.rayner@eurodiaconia.org</a>.

## **REIMBURSEMENT FORM**

Please read rules for reimbursement above and complete this form using capital letters or typeface. Please check your reimbursement agreement made prior to the meeting and read the rules below before completing.

	Personal Details				
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Organisation	1				
Purpose of					
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Date of					
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Taxi fares are on	ly refundable if prior authorisation has been given.
Air fares	
Train fares	
Bus fares	
Accommodation costs	Name of the hotel:  Number of nights:
	Costs per night: TOTAL (EUR):
Other	
TOTAL (EUR)	
	proof of expenses (original boarding passes, tickets etc.) and of the calculation of ate if costs were not in Euros, e.g. a print screen of an online calculation and fill in your bank account details below.
	REIMBURSEMENT TO THE FOLLOWING ACCOUNT:
Bank:	BIC (SWIFT):
IBAN:	
Name of Accou	nt holder:
I declare that I h	nave not received reimbursement from any other source.
(Place, date)	(Signature)

Return to the following address within 2 weeks after the event has taken place: Eurodiaconia, Rue Joseph II 166 Brussels, B-1000 Belgium virginia.demoulin@eurodiaconia.org.